

Symposium 'Innovations in mental health care for depression: Beyond 2020'

Welcome to the registration website of the symposium
Innovations in mental health care for depression: Beyond 2020

Introduction

There is no doubt that depression is a major public health problem. During the past years, clinical psychotherapy research has focused on investigating the effectiveness of existing treatments for depression and on exploring ways to increase treatment availability and accessibility. Innovative therapeutic approaches, such as internet-based interventions appear promising in filling the gap between treatment supply and demand. Although a lot has been achieved over the past years, many therapeutic challenges remain and need to be addressed in the future.

The symposium will have a broad scope summarizing the existing state of the art in the effects of psychotherapy for adult depression and focusing on the application of e-health in primary care and in universities.

Target audience:

Researchers, policy makers, clinicians and other professionals within the field of public, mental and medical health interested in the latest developments in the field of psychotherapy for depression.

When and where?



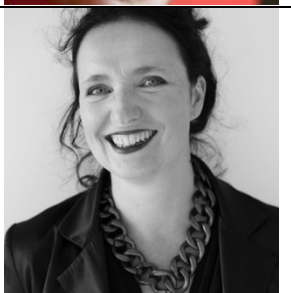

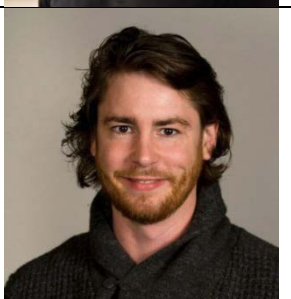
The symposium will be held at the 29th of November 2017 at the Aula in the main building of the VU university Amsterdam.

Program:

29 November 2017, Aula VU main building

13:00	-	13:30	Registration and walk-in with coffee and tea
13:30	-	13:35	Opening by the chair of the symposium: Prof. dr. Marcus Huibers, VU University Amsterdam
13:35	-	13:55	Prof. dr. Pim Cuijpers, VU University Amsterdam: Four decades of outcome research on psychotherapies for adult depression: Directions for the future
13:55	-	14:15	Prof. dr. Heleen Riper, VU University Amsterdam: Hitting the moving target of eMental-health with routine care research
14:15	-	14:35	Prof. dr. Claudi Bockting, AMC/University of Amsterdam: Towards sustainable interventions for depression: Is there a role for psychological interventions?
14:35	-	14:55	Prof. dr. Simon Gilbody, University of York, UK: How should we support computerized treatments for depression?
14:55	-	15:15	Dr. David Ebert, University of Erlange, Nürnberg DE: Caring Universities – Fostering mental health in university students. Project overview and first results of the WHO World Mental Health Student Project
15:15	-	15:20	Closing by the chair of the symposium
15:20	-	15:45	BREAK with coffee, tea and pie
15:45	-	16:45	Thesis defense of Ms. Eirini Karyotaki, VU University Amsterdam: Innovations in Mental health care for adult depression: Results of a series of meta-analyses
16:45	-	17:30	Drinks

Speakers:

<p>Prof. dr. Pim Cuijpers is professor of clinical psychology and head of the department of Clinical, Neuro- and Developmental Psychology at the VU University in Amsterdam, the Netherlands. He is specialized in conducting randomized controlled trials and meta-analyses on prevention, early intervention and improving psychological treatments of common mental disorders, especially depression and anxiety disorders. He has published over 700 articles, of which more than</p>	
<p>Prof. dr. Heleen Riper is professor of eMental-Health at the Leuphana University, Luneburg (Germany) and Associated Professor at the VU University Amsterdam at the Department of Clinical Psychology and GGZinGeest (The Netherlands). Her research is focused on the development, (cost)-effectiveness and implementation of innovative new media eMental-Health interventions for common mental health disorders such as depression, anxiety and problem drinking.</p>	
<p>Prof. dr. Claudi Bockting is professor of clinical psychology at Utrecht University and the Amsterdam Medical Center, the Netherlands. She is also senior lecturer/coordinator and supervisor of clinical postdoctoral courses for health (GZ) psychologists at the RINO, Amsterdam. She is a registered clinical and health psychologist (BIG), psychotherapist (BIG) and CBT supervisor (VGCT). Her research focuses on depressive disorder and related common mental health disorders.</p>	
<p>Prof. dr. Simon Gilbody founded and directs the Mental Health and Addictions Research Group (MHARG) at the University of York's Department of Health Sciences, and is a member of the Centre for Health and Population Sciences at the Hull York Medical School (HYMS). His research, which draws upon his clinical background, consists of large epidemiological studies and clinical trials (and reviews of trials) to promote effective, efficient and equitable NHS mental health services.</p>	
<p>Dr. David Ebert is a researcher at the department of clinical psychology and psychotherapy at the Friedrich-Alexander University Erlangen-Nürnberg, Germany. His research focuses on the evaluation of internet and mobile-based interventions for the prevention and treatment of mental health disorders. He developed ten different internet-interventions including interventions for the (relapse) prevention of depression, panic, work-related stress, insomnia, problem drinking, self-compassion.</p>	

Ms. Eirini Karyotaki is a PhD candidate at the department of Clinical psychology at the VU University in Amsterdam, the Netherlands. Her research focuses on examining the effectiveness of psychotherapy in treating adult depression, with a special interest in internet-based interventions. During her Ph.D. trajectory, she focused on systematic reviews with specialization on conventional and individual patient data meta-analyses. Currently she is coordinating a large-scale university project on college students' mental health, which involves epidemiological, effectiveness and implementation research. She has co-organized this symposium and shall close the symposium by defending her Ph.D. thesis.



We sincerely hope to welcome you in Amsterdam this fall,
Kind regards,

Ms. Eirini Karyotaki
Ms. Mirjam Reijnders
Dr. Wouter van Ballegooijen
VU University Amsterdam
De Boelelaan 1105
1081HV Amsterdam
The Netherlands

If you have any questions about the symposium, please send an email to Ms. Mirjam Reijnders: m2.reijnders@vu.nl